

Carbon Leisure

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Your guide to
Outdoor Tours
Outdoor Workshops
Sports & Recreation
Lifelong learning
Physical fitness
Quality of life
Child welfare
College classes
Outdoor safety
Outdoor adventures
CEU sports schedules
Carbon High sports



FREE
PLEASE TAKE ONE

Published by Carbon County Recreation, College of Eastern Utah, & Carbon School District

Supplement to the Sun Advocate, December 29, 2009

435-613-5371



College of Eastern Utah Golden Eagles

Baseball

Date	Opponent	Location	Time	Games
Feb. 11	Yavapai	Prescott, AZ	2 pm	1
Feb. 12	Yavapai	Prescott, AZ	Noon	2
Feb. 13	Gateway	Phoenix, AZ	Noon	2
Feb. 14	Scottsdale	Scottsdale, AZ	Noon	2
Feb. 26	Weber State	St. George, UT	Noon	2
Feb. 27	Utah State	St. George, UT	Noon	2
March 5	WNC	Carson City, NV	1 pm	2
March 6	WNC	Carson City, NV	Noon	2
March 10	Dawson CC	Home	Noon	2
March 12	CNCC	Home	1 pm	2
March 13	CNCC	Home	Noon	2
March 19	SLCC	Salt Lake City, UT	1 pm	2
March 20	SLCC	Salt Lake City, UT	Noon	2
March 26	CSN	Home	1 pm	2
March 27	CSN	Home	Noon	2
April 2	CSI	Twin Falls, ID	1 pm	2
April 3	CSI	Twin Falls, ID	Noon	2
April 9	WNC	Home	1 pm	2
April 10	WNC	Home	Noon	2
April 16	CNCC	Rangely, CO	1 pm	2
April 17	CNCC	Rangely, CO	Noon	2
April 23	SLCC	Home	1 pm	2
April 24	SLCC	Home	Noon	2
April 30	CSN	Henderson, NV	1 pm	2
May 1	CSN	Henderson, NV	Noon	2
May 7	CSI	Home	1 pm	2
May 8	CSI	Home	Noon	2

May 12th -15th SWAC Conference Tournament

Bold denotes conference games

Head coach: Scott Madsen

Assistant coach: Terry Jordan

Assistant coach: Frank Ori

College of Eastern Utah President: Mike King

Athletic director: Dave Paur

Men's Basketball

Dec. 28-30	Rotary Tournament in Mesa, AZ		
Jan. 8	Salt Lake Community College	Home	7:30 pm
Jan. 9	Snow College	Home	5 pm
Jan. 14	College of Southern Idaho	Twin Falls, ID	7:30 pm
Jan. 16	North Idaho College	Coeur d'Alene, ID	6 pm
Jan. 22	Colorado Northwestern CC	Home	7:30 pm
Jan. 23	Colorado Northwestern CC	Home	5 pm
Jan. 29	Salt Lake Community College	SLC, UT	7:30 pm
Jan. 30	Snow College	Ephraim, UT	5 pm
Feb. 5	College of Southern Idaho	Home	7:30 pm
Feb. 6	North Idaho College	Home	5 pm
Feb. 9	Western Wyoming	Rock Springs, WY	7:30 pm
Feb. 13	Colorado Northwestern CC	Rangely, CO	7:30 pm
Feb. 19	Snow College	Home	7:30 pm
Feb. 20	Salt Lake Community College	Home	5 pm
Feb. 25	North Idaho College	Coeur d'Alene, ID	6 pm
Feb. 27	College of Southern Idaho	Twin Falls, ID	5 pm
Mar 4-6	Region 18 Tournament	At CEU	TBA
Mar 17-20	National Tournament		

Women's Basketball

Dec. 28-30	Aztec Interstate Classic in Tucson, AZ		
Jan 8	Salt Lake Community College	Home	5:30 pm
Jan 9	Snow College	Home	3 pm
Jan 14	College Southern Idaho	Twin Falls, ID	5:30 pm
Jan 16	North Idaho College	Coeur d'Alene, ID	3 pm
Jan 22	Colorado Northwestern CC	Home	5:30 pm
Jan 23	Colorado Northwestern CC	Home	3 pm
Jan 29	Salt Lake Community College	SLC, UT	5:30 pm
Jan 30	Snow College	Ephraim, UT	3 pm
Feb 5	College Southern Idaho	Home	5:30 pm
Feb 6	North Idaho College	Home	3 pm
Feb 13	Colorado Northwestern CC	Rangely, CO	3 pm
Feb 19	Snow College	Home	5:30 pm
Feb 20	Salt Lake Community College	Home	3 pm
Feb 25	North Idaho College	Coeur d'Alene, ID	6:30 pm
Feb 27	College Southern Idaho	Twin Falls, ID	3 pm
March 4-6	Scenic West Conference Tournament at CEU		

Sun Advocate

845 E. Main, Price • 637-0732

Skiing at Sundance Resort

Join us for four trips to Sundance Mountain Resort

January 30 • February 6 • February 20 • March 6

Ages 13 & up: \$215

Ages 12 & Under: \$140

Children under age 10 must be accompanied by an adult

Fee includes transportation and lift pass for all four trips.

Individual trips: \$60 per day for ages 13 & up
\$40 per day for ages 12 & under

If you have a season pass and would like transportation only, cost is \$40 for all four trips or \$15 per day.

Season pass information is available at: www.sundanceresort.com

Child (6-12) \$199 • Teens (13-18) \$230 • Adult \$499

Avalanche Awareness Training

January 16 • Fee: \$10

Free to everyone registered for the ski program

Learn how to be safe in avalanche areas or review what you have learned in prior workshops. Avalanche beacons will be available to use. It takes regular practice with an avalanche beacon to use it competently. In the event of an avalanche you have only a few minutes to find and rescue someone. You can't expect to dig your beacon out of the bottom of the drawer each year and be able to use it good enough to save someone's life. Fee includes use of snowshoes and beacons, as well as transportation for the first 10 people registered.

Carbon Leisure

Carbon Leisure is a comprehensive guide to activities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, adventure, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.

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455 E. Hwy. 29, Orangeville
748-2223



We actively promote involvement with the Forest Service and the BLM to maintain, and keep trails open. Remember riding on public lands is a privilege, not a right. Protect your privilege..... Stay on the trail. Become involved

Utah OHV Regulations
1-800-OHV-RIDE

Utah Shared Access Alliance
www.usaall.org

Blue Ribbon Coalition
www.sharetrails.org

Come Enjoy The Fun And Protect Your Right To Ride

*Monthly Group Rides
Meetings Held Every Third Thursday
Each Month (Fairgrounds Reception Center)
Youth Safety Courses
Everyone Welcome*

**contact email:
ccohva@yahoo.com**

Thanks to these sponsors:

Greek Streak
BK's
R & A Market
Magnuson Lumber
Price Theatre
Beehive Home
Conoco Phillips
Castlevue Physical Therapy
Derek Lowe DDS
Stinson Supply Services
Family Dental Center
Eastern Utah Parrot Head Club
Bradley Masonry
Clark Bros.
Taco Time
Ward Landscapes
Mortensen Construction

History & Culture Tours

**Rock Art and Photography Workshops
Tours of Range Creek, 9-Mile Canyon, and
the San Rafael Swell • Tour dates will be set soon**

**We live in the middle of one of the most fascinating
geologic and cultural places on earth. We're here to give
you opportunities to see and experience these places.
Join guide Layne Miller as he explores these unique and
wonderful areas. Carbon Rec 435-636-3702**



FARM BUREAU INSURANCE

**Richard Hackwell
475 E. Main, Price • 637-8900**

Carbon Rec

Schedule of Programs, Classes, Activities, & Events • Winter 2010

The Recreation Office is located in Price at 81 North 200 East
435-636-3702 • www.carbonrec.com

2010 Activity Calendar (what we have planned so far)

Tuesdays	Tumbling • Join anytime	March 4	Baseball/Softball Scorekeeping Clinic
Tuesdays	Photography group meets the first Tuesday of each month	March 6	Skiing at Sundance
Thursdays	Kayak roll practice • Call for a time	March 11	Next Step Kayak Workshop Begins
Jan. 4	College of Eastern Utah Classes begin	March 11	Soccer Registration Deadline
Jan. 5	2nd Grade Basketball Deadline	March 9-10	CPR/First Aid Class
Jan. 5	Women’s Volleyball Deadline	March 15	Soccer Mini Camp Begins
Jan. 5	Photography Group Meeting	March 26-27	Dutch Oven Cooking Class
Jan. 5	CEU Outdoors Planning Meeting	April 3	Ice Breaker River Trip
Jan. 5	River Permits Meeting	April 10	Community Mountain Bike Ride
Jan. 6	RSVP Deadline for Skating Party	April 24	Price River Kayak Outing (From Woodside)
Jan. 7	Youth Wrestling Begins	April 6	Tennis Lessons Begin
Jan. 9	Community Ice Skating Party	April 13-14	CPR/First Aid Class
Jan. 9	Snowshoe Outing	April 16-17	Dutch Oven Cooking Class
Jan. 11	Instructional Basketball Begins	May 6	Adult Softball Deadline
Jan. 12-13	CPR/First Aid Class	May 11-12	CPR/First Aid Class
Jan. 16	Avalanche Awareness Training	May 21-22	Dutch Oven Cooking Class
Jan. 21	Kayak Workshop Begins	May 21-23	River Rescue Workshop
Jan. 25	Ski Trip Mandatory Meeting	May 22	Green River Day Float
Jan. 30	Skiing at Sundance	June 11-13	River Rescue Workshop
Jan. 30	Full Moon Snowshoe Outing	June 12	Green River Day Float
Feb. 6	Skiing at Sundance	June 25	Lunatic Triathlon
Feb. 8-9	CEU Baseball Camp	June 26	Full Moon Float
Feb. 9-10	CPR/First Aid Class	July 17	River Rescue Workshop
Feb. 13	Scofield Snowmobile Ride	July 17	Green River Day Float
Feb. 20	Skiing at Sundance	Sept. 9-12	Labyrinth Canyon Canoe Trip
Feb. 26	CEU Second Session Begins	Sept. 24-26	Second Annual Castle Valley Single-track Mountain Bike Festival
Feb. 27	Cross Country Ski Outing	Oct. 7, 9, 14	Photography Workshop
March 2	Youth Volleyball Deadline		Classroom Sessions on the 7th and 14th
March 3	Umpire Clinic		Outing on the 9th

Carbon Rec Policies

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

Carbon Rec has a strict refund policy. In some instances refunds cannot be given, such as deposits for workshops or rental equipment. Please ask about the refund policy before registering.

HOLIDAY INN

838 Westwood Blvd., Price • 637-8880

Youth Sports

Youth Wrestling

For ages 4 and up. • Practice will be held Thursdays at Carbon High School beginning Jan. 7
Fee: \$35 • This does not include membership in any wrestling organization.
Tournaments and transportation are not included and are the exclusive responsibility of parents.

Kayak Workshop

Beginner workshop begins January 21 at Desert Wave
Thursdays at 5 p.m. for four weeks • Fee: \$35
Next step workshop begins March 11 — There will be additional pool instruction /practice and your first experience on the river • Fee: \$75
Includes all necessary equipment and transportation for the river trip.

Instructional Basketball for Kindergarten & 1st Graders

Second graders who have not played before are welcome to participate in the instructional program. • Begins the week of January 11 • Fee: \$17
Play will be one day each week immediately after school for six weeks.
Mondays at Sally Mauro • Tuesdays at Wellington • Tuesdays at Pinnacle Canyon • Wednesdays at Castle Heights • Thursdays at Creekview

2nd Grade Developmental Basketball

Registration deadline: Jan. 5
Fee: \$22 • League will be played on Saturday mornings at Creekview Elementary. Emphasis will be on skill development, teamwork, and sportsmanship. We do not keep score.

Youth Volleyball

For ages 10 and up
Registration deadline: March 2
Fee: \$28 if paid by March 2, \$31 after March 2
Play will be Mondays and Wednesdays beginning March 12
Sessions will be clinic format. Emphasis will be on learning the fundamentals, team concepts, and game situations. Program will be run by CEU volleyball players.

Power Tumbling

Instructor: Pineau Nielsen • Fee: \$18 per month • For ages 5 and up
Tuesday, 3:15 at The Lighthouse

Spring Soccer

Mini Camp for Kindergarten & 1st Grade

Play begins the week of March 15
Just \$15 or \$28 WITH LEAGUE INCLUDED.
Includes camp t-shirt
Play will be immediately after school one day per week for three weeks at each elementary school. Mondays at Sally Mauro; Tuesdays at Wellington and at Pinnacle Canyon Academy; Wednesdays at Castle Heights; Thursdays at Creekview.

Soccer Leagues

For ages 5 and up
Registration deadline is March 11
Before March 11 fee is \$18 without jersey and \$30 with.
After March 11 the fee is \$21 and \$34. Jerseys required for leagues second grade and up. Jerseys are the same each year.

Tennis Lessons

For youth and adults • Begins April 6
Fee: \$16 or just \$20 for a parent and child who register together.
DISCOUNT FOR BEGINNERS: JUST \$10 IF THIS IS THE FIRST TIME YOU HAVE TAKEN LESSONS.

Umpire Clinic • FREE

March 3, 5 p.m. at the Recreation Office
Must register by March 2. Must have at least six people to hold the class.
This clinic is required for anyone who is interested in working as an umpire for Carbon County Recreation. It is recommended for anyone who is thinking about being an umpire for youth baseball.

Scorekeeping Clinic • FREE

March 4, 5 p.m. at the Recreation Office
Must register by March 2. Must have at least six people to hold the class.
This clinic is a must for anyone who will be involved with youth baseball.

R&A MARKET
408 S. Main, Helper • 472-3301

Carbon County Recreation Registration

You may be required to complete another registration form, depending on the program you are registering for. One registration per person, per program.

Program			
Name of Participant			
Legal Guardian (if under 18)			
Address (Street, city, zip)			
Age	Grade	School	
Telephone		Emergency Telephone	
Email Address (Optional)			
Medical Insurance Provider		Group Number	

I have these medical conditions that may affect my ability to participate safely in this activity (all medical conditions must be disclosed):

I am currently taking these medications:

By signing this agreement, the participant and legal guardian(s) agree to the following terms:

1. You are responsible for your own safety. Do not do anything you do not accept full personal responsibility for doing.
2. To immediately obey instructions of guides, instructors, and program directors. This is for your own safety.
3. Some recreation activities are potentially dangerous. Injury or even death may occur, even though all precautions are taken.
4. All participants must seek health advice from a medical professional before engaging in vigorous activities. Failure to do so could result in serious injury. Carbon County Recreation is not responsible for people pushing themselves beyond their physical ability.

I understand vehicle travel is one of the most dangerous activities a person can be involved in. I understand accidents occur and people are injured due to accidents. It is a fact of life. I recognize it and hold no one responsible while I am riding in a Carbon County vehicle, regardless who is responsible for the accident.

Acknowledgement of risk and liability release

I understand recreation activities can be potentially dangerous. I will seek advice from a medical professional prior to undertaking rigorous physical exertion. If I choose not to do this, I accept responsibility for all consequences. With this understanding, I agree to all terms and conditions listed herein. I realize that signing this document is not a mere formality, but a legal document and recognize its validity in a court of law.

I, the undersigned, have read and understand the above warnings, and do hereby agree to release and agree to hold harmless Carbon County and Carbon County Recreation, as well as instructors, volunteers, and sponsors, of all claims, demands, actions, and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation activities and events. I understand no insurance is provided, and accept full responsibility for securing appropriate medical insurance. I agree to reimburse Carbon County for any loss sustained from actions taken in accordance with the program I am registering for or this agreement.

In addition, I certify that I am in good physical condition and that I have no medical problems that will prohibit my safe participation in this program. I accept full responsibility for my wellbeing and hold no one responsible for anything that may happen to me while participating in this program, regardless who may be at fault.

My image may be used in any and all promotional material associated with Carbon Rec.

I have read and understand this agreement and agree to abide by its terms and conditions.

Participant _____ Date _____

Legal Guardian _____ Date _____

Registration/ refund policy

Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program.

If a program is cancelled, a cash refund will be given. Cash refunds will not be given in any other instance. A credit slip may be issued, depending on the specific program. In some instances, no refunds or credit slips will be issued, such as deposits paid for workshops or rental equipment. Ask for a copy of the refund policy before you register.

Carbon Country Club

Spring Schedule

March 27	Ice Breaker three-person scramble
April 3	State Two Man Best Ball
April 17	American Legion Baseball Tournament
April 24	CEU Wild Man Tournament
May 8	Seniors Amateur

EASTERN UTAH COMMUNITY CREDIT UNION

675 E. 100 North, Price • 637-2443

Photography Group

Join avid photographers the first Tuesday of each month to share photos, talk about photographic techniques, learn from one another, and schedule outings. This is not a club and there are no dues. It's



just a group of people who share an interest in photography. Everyone is welcome. The group meets at College of Eastern Utah at 5:30. Help us explore the eternal question, what makes a photograph good?

Everyone is welcome, beginner to pro • Meeting Jan. 5

First Aid/CPR Certification

Register at Carbon Rec • Offered in conjunction with College of Eastern Utah

Red Cross Certification • Instructor: Barbara Robinett

January 12-13 • February 9-10 • March 9-10 • April 13-14 • May 11-12 • June 8-9

If you are currently certified and doing recertification only the fee is \$25.

Current certification card required. If you are not currently certified the fee is \$40 (instruction manual included). Registration and payment must be made in advance. Must pre-register. On-site registration is an additional \$10 and you may be turned away.

Classes are at 6 p.m. Ask for location when you register.

Is it worth a few hours of your time to be prepared to save the life of someone you love?

Mission: To improve lives by mobilizing the caring power of communities by creating positive and lasting change for all



Focus: Education, income and health — a good education which leads to a stable job and the ability to access quality health care, are the building blocks for a good life

Geographical Service Area: Carbon, Emery, Grand, San Juan, Daggett, Duchesne, and Uintah counties



CEU OUTDOORS

**Make our next adventure
your next adventure!**

Come to the planning meetings and help us create a calendar. We will try to make happen what YOU want to do.

The mission of CEU Outdoors is to help students, faculty, staff, alumni, and community members take advantage of the outdoor recreation opportunities in the area. (And maybe teach you something along the way.)

CEU Outdoors is not a club. Students, faculty, staff, alumni, and people from the community are welcome to participate in most activities. (A few activities are reserved for students.)

A regularly updated calendar is available at the CEU Outdoors kiosk in the Student Center.

Everyone is welcome!

Planning & River Permit Meeting Jan. 5 at 6 p.m. in CBB 130

Come and help us plan what YOU want to do.

If you want to go on a river trip, you need to come to this meeting and help us get permits. We will create the winter/early spring calendar. We always need volunteer trip leaders.

College of Eastern Utah In partnership with Carbon Rec

PARTY EXPRESS
29 E. Main, Price • 637-3393

ADVENTURE OUTINGS

These trips are offered by Carbon Rec in conjunction with CEU Outdoors. Trips are added regularly. For an updated list of Outdoor outings, check the Carbon Rec website or pick up a flyer at the kiosk in the CEU Student Building. You may also call Carbon Rec to be included on an email list.

Some of these trips (those noted) have a modest fee (usually \$10, including transportation) to the first 8-10 people registered. Others may join trips, but will need to provide their own transportation.

Beginner's Snowshoe Outing

January 9 • Guide/instructor: Bo Christensen

Fee: \$10, includes transportation and use of snowshoes for the first 10 people registered • After 10 registrations have been received participants must provide your own transportation.

Avalanche Awareness Training

January 16 • Instructor: Bo Christensen • See page 3 for details

Full Moon Snowshoe Outing

January 30 • Guide: Bo Christensen

Fee: \$10, includes transportation and use of snowshoes for the first 10 people registered.

Scofield Snow Ride • Utah's Premier Snowmobile Outing!

February 13 • See page 12 for details

Cross Country Ski Outing

February 27 • Guide: Bo Christensen • Fee: \$15, includes transportation and use of skis for the first 10 people registered. After 10 registrations have been received participants must arrange for your own skis and provide your own transportation.

Ice Breaker River Trip

April 3 on the Green River • Fee: \$25

Earlybird discount: Just \$10 if paid by March 30!

Kayaks, inflatable kayaks, and paddle rafts

Mountain Bike Ride

April 10 • 9 a.m., meet at Luke's Trailhead • Guide: Jon Krum

Meant for confident beginners and intermediate riders.

No fee, but you must register.

Price River Kayak Outing

From Woodside to the Green River confluence

April 24 • Fee: \$80 with kayak, \$55 without • Includes transportation from Price.

Must be an experienced kayaker. This is not a trip for beginners.

Carbon Rec & CEU Outdoors
435-636-3702 or 435-613-5663

River Guide Training

Carbon Rec/CEU Outdoors will offer river guide training, beginning in January and continuing through early May. The program will culminate with a multi-day river

trip. You may register at CEU and receive college credit, or register at Carbon Rec. The college program is academically more rigorous and prepares you for the state examination. The class will meet Tuesday afternoons.

Participants who successfully complete the course will receive a certificate of completion that will certify that we consider you qualified to be an apprentice guide.

We have a 98 percent placement rate. There is also a possibility of employment as a river guide with Carbon Rec.

If you would like more information, call Carbon Rec or come to the Planning/River Permits meeting January 5 at 6 p.m.



Winter Gear Rentals

435-636-3702

Ice skates, cross country skis,
 snowshoes, gear sleds,
 crampons, mountaineering
 axes, and avalanche gear:
 beacons, probes, & shovels

DINOSAUR TIRE

200 E. Main, Price • 637-2480

CEU Baseball Camp*

Feb. 8-9, 6:30-8:30 p.m.
at the BDAC • For ages 7-17
Fee: \$25, includes camp t-shirt

Instruction from CEU Head baseball coach Scott Madsen, assistant coaches and current CEU baseball players.

Get your baseball season started on the right foot. Focus will be learning the fundamentals of the game. Pitching, hitting, and defensive philosophies will be discussed. This camp is a must for anyone who wants to excel at baseball.

Register at the BDAC
Call 613-5639 for information

Girls Fastpitch Softball League*

For girls 8 to 18
Fee: \$40, includes team shirt.

Registration: March 2-3 at Price City Hall, 5:30-7 p.m. both days.

For information call:
Rhonda Birch 650-3705 or
Lisa Dimick 650-1552

Little League Baseball*

For ages 8-12
Contacts:
Wellington: Jeff Powell, 637-7872
Price: Shane Henrie, 637-1036
Helper: Sue Ann Riley, 472-5242

Babe Ruth Baseball*

For ages 13-15
Contact: Bobby Etzel, 637-6270

**These programs are not offered through Carbon County Recreation. Information is provided as a courtesy only.*

Utah Canyons Adventure

Based
In Price, UT

Group Teen
Adventures
PICK YOUR DATES

What you'll get from this adventure:

- Gain invaluable outdoor skills
- Advance through leadership opportunities
- Forge new friendships through teamwork
- Trace the route of John Wesley Powell
- Memories that will last a lifetime

Call to talk to your adventure guide
435-636-3702

Adventure Guide: BO CHRISTENSEN

Day One — Orientation

The adventure will begin early afternoon in Price. Meet the guides and introduce yourself to the other participants. The afternoon and evening will be spent settling into your room, arranging for necessary gear, learning to tie knots, learning basic rescue techniques, and climbing on our portable climbing wall.

Day Two — Rock Climbing

Take your climbing to the next level at our own climbing ledges in Spring Canyon.

Day Three— On the River

This is not just a lazy float trip. Learn basic paddle techniques, plus an introduction to whitewater river safety.

Day Four — Canyoneering

Hike one of the world famous slot canyons in the San Rafael Swell. Hike determined by the abilities of the group.

Expedition Details

This is a sample itinerary. We can adjust it to do anything you want to do. Participants will stay in the College of Eastern Utah dormitories. Meals are provided from dinner on Day One to lunch on Day Four. After registration a packet will be mailed to you containing all the information you will need.

Equipment

We provide all necessary group and technical gear. You will need to have your own personal gear, i.e. clothing, appropriate footwear, hygiene products, etc. We will provide backpacks and sleeping bags, if you need them.

Cost: Will be determined based on your specific requests. The sample itinerary above will cost \$335 per person for a minimum of 10 participants. Call to discuss options and costs for other size groups.

To register or if you have questions call
435-636-3702 or email
Bo Christensen at
bo.christensen@ceu.edu

Carbon County Recreation
www.carbonrec.com

WORKMEN'S MARKET

101 W. 200 N., Helper • 472-3449

River Opportunities in 2010

One-day river trips on the Green, San Rafael, and Price Rivers

Green River: These prices apply to published dates only. Groups may register to go just about any day. Individual cost \$35 each; children who register with a parent \$30 each. Group meets on the banks of the Green River 10 miles up river from the town of Green River, UT. Transportation can be arranged for an additional fee.

Full moon float June 26 • Fee: \$45 • Meet your guides at Ray’s for dinner before the trip!

San Rafael: These prices apply to published dates only. Groups may register to go any day there is water in the river. Individual cost \$80 each, includes single-person inflatable kayak; Two people sharing a tandem kayak is \$135 (\$67.50 each). Includes guide, equipment and transportation from Price. Watch our website or call for dates. Call to add your name to a list of interested people. We’ll notify you when there is enough water. We will provide shuttle service for the San Rafael River for private groups. Call to make arrangements.

Price River from Woodside to the confluence: Occasionally there is enough water for us to do a kayak trip on the Price River from Woodside to the confluence with the Green River. This is meant for experienced people only in hardshell and inflatable kayaks. We provide an experienced guide and transportation. People are responsible for their own kayak and gear. You may use your own or rent from us. Watch our website or stay in touch with us to see when this might happen. Call to add your name to a list of interested people. We’ll notify you when there is enough water.

Book and pay in full before May 1, 2010 for a group trip and take 15 percent off the cost of your trip!

Group Rates: Great for family reunions, youth groups, or just an outing for a bunch of friends.

Green River in paddle rafts		San Rafael River in tandem inflatable kayaks	
For up to 8 people	\$320	For up to 6 people	\$420
For up to 16 people	\$500	For up to 8 people	\$500
For up to 24 people	\$600	For up to 12 people	\$600

Three to five day canoe trips on the Green River in Labyrinth Canyon • Choose your launch date!

4-Day Canoe trip for groups:
3 people \$1800 5 people \$2100 7 people \$2300 9 people \$2500
10 people \$3350 12 people \$3800 14 people \$4000
Book and pay in full by May 1 and get a 15 percent discount!

3-day trips (high water only) are slightly less, 5-day trips are slightly more. Call for more information or to book a trip.

Join us Sept. 9-12 in Labyrinth Canyon

Individuals may register for a four-day trip launching Sept. 9. Cost is \$400 per person.

ICE BREAKER RIVER TRIP APRIL 3

Fee: \$25 • Just \$10 if paid by March 30!

Carbon Rec Outdoor Equipment Rentals

Want to do your own adventure?
Carbon Rec can help outfit your trip!

We rent:
River gear: rafts, canoes, & kayaks; plus everything else you need.

Backpacking gear: tents, sleeping bags, stoves, & backpacks

Climbing equipment: Harness, helmets, and shoes

Camping: tents, sleeping bags, pads, and stoves

Mountain Bikes

We have a large amount of outdoor equipment available to rent. It is impossible to list it all here. If you need something, call us. There is a good chance we have it.

River Rescue Workshops

Instructor: Bo Christensen
May 21-23 • Cost: \$235
June 11-13 • Cost: \$235
July 17 • Cost: \$95

Call for early registration discount.

The May and June workshops are two intense days, plus an evening classroom session. The July course is a modified course, covering the basics, great for beginners or as a review.



SUTHERLANDS
406 S. Hwy. 55, Price • 613-1512

LUNATIC TRIATHLON June 25



Under the Full Moon

Registration fee: \$40 • Earlybird discount: \$35 if paid by June 1
Team fee: \$120 • Earlybird discount: \$100 if paid by June 1

Registration deadline: June 15.

No registrations will be taken after this date.

Isn't it about time you did something a little outrageous? This is a unique triathlon, beginning at 10 p.m. under the full moon. Swimming will be 12 laps in the two Price City Pools. There will be a 9-mile bike ride through Carbonville and a 5-kilometer run. Can't do the whole thing? Form a team.

THIS IS A TRIATHLON FOR EVERYONE!

Race against no one but yourself

On the Manti-LaSal National Forest



Just \$20 if paid by Feb. 9

Includes guides, hot lunch, a long-sleeve t-shirt,
and entry in a great prize drawing

Fee is \$25 after Feb. 9 & DOES NOT include lunch or t-shirt

Carbon Rec • 435-636-3702 • www.carbonrec.com

Dutch Oven Cooking

Instructor: Layne Miller

Cost: \$40 per session, plus food

March 26-27 • April 16-17 • May 21-22

There will be a classroom session on Friday evening at 6 p.m. and cooking session on Saturday. Students will learn to cook entries, desserts, and breads. Take dinner home to the family!



OLIVETO FINE GIFTS & FURNISHINGS

48 E. Main, Price • 637-1927



TAE BO®

**Cardio & sculpting classes through Carbon Rec
Taught at the Helper Auditorium, 19 S Main in Helper**

Burn fat while sculpting lean muscles. Join certified Tae Bo® instructors Pamela Jewkes and April Larsen for a fun filled workout that anyone can do!

Monday through Thursday at 8:30 a.m. - April

Monday through Thursday at 6:30 p.m. - Pamela

Fees: \$4 for one class • \$20 for a 6-class pass • \$30 month • \$45 couple

Fees include both morning and evening classes

For more information call Pamela Jewkes 820-1369 or April Larsen 650-7196



UTAH STATE UNIVERSITY PRICE

Bachelor's Degrees

- Accounting
- Business
- Communicative Disorders/Deaf Education (1st and 2nd BS)
- Elementary Education
- Entrepreneurship
- Family, Consumer, & Human Development
- Family Life Studies
- History
- Interdisciplinary Studies
- Management Information Systems
- Psychology
- Secondary Education – History, English, Mathematics
- Special Education

Master's Degrees

- Agricultural Systems Technology
- Alternate Route to Licensure (ARL)
- Computer Science
- Elementary Education
- English – Technical Writing
- Family & Human Development
- Health, Physical Education, & Recreation
- Human Resources Executive Program
- Instructional Technology
- Natural Resources
- Psychology – School Counseling
- Rehabilitation Counseling
- Secondary Education
- Special Education

Education worth staying for.



435.613.5610
155 East 500 North
price.usu.edu



PRICE THEATRE
30 E. Main, Price • 637-2740

Kayaking • Instructor: Bo Christensen

Learn to kayak from the only American Canoe Association Certified Instructor in Eastern Utah.

Beginning roll classes start January 21

Cost: \$35, includes all equipment (four pool sessions)

Taught at Desert Wave Pool on Thursday afternoon.

Call to arrange a time that works for you.

The Next Step Kayak class begins March 11. This class picks up where the beginning class leaves off and includes your first river experience. Three pool sessions and a trip April 3.

Cost: \$55, includes all equipment and transportation for your river trip on the Green River.



Sports for young children

Sports should be fun. That is the number one and number two goals for our youth ages 5-7. There will be plenty of time for competition later in life. At this age it should be about fun, sports-manship, and maybe developing a skill or two.

We are offering Instructional Basketball for K-1 & a Development League for 2nd Graders (See details on page 6)



Harmony Ori

Linda's School of Dance

Classical Ballet,
Pointe, Tap, Jazz,
Creative Modern
Dance, Adult Classes

Coordination,
Self Confidence, &
Self Discipline
are the results of
Quality Instruction

Celebrating 44 Years

Home of the "Nonstop Dance Company"

Certification Through: Royal Academy of Dance,
Dance Educators of America (Instructor Linda Johnstun)

For information & Registration, Please call:
(435) 637-2725 or (435) 472-8411

Linda's School of Dance • 58 North Carbon Avenue • Price

BODY GLO DAY SPA

60 W. Main, Price • 637-9189



Desert Wave Pool

Winter/Spring Hours

240 East 500 North
Price, Utah 84501
435-637-SWIM

Public Swim Wave Pool

Monday, Tuesday, Thursday	5-8 PM
Wednesday & Friday	4-8 PM
Saturday	12-8 PM
Sunday	Closed

Indoor Pool

Saturday	1-6 PM
----------	--------

Birthday Parties
\$35.00

Includes admission for 10, reserved table
with balloons,
10 ice cream cups, and 10 small drinks.

Swim Lessons

Session 1
January 4th-January 28th
Session 2
February 1st-February 25th
Session 3
March 1st-March 25th
Session 4
March 29th-April 22nd



Lap Swim Indoor Pool

Monday-Friday

5:30-8 AM, 11 AM -1 PM, 7-8 PM

Water Aerobics

Monday-Friday	8:30-9:30 AM
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Monday-Friday	6-7 PM
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Admissions Fees

Public Swim

Adult (16 and Older)	\$4.00
Child (4-15 yrs.)	\$3.00
Senior	\$2.75
Family of Five	\$13.25
Each Additional	\$2.75

Lap Swim

Adults (18 and Older)	\$2.00
Children and Seniors	\$1.75

Water Aerobics

Single Admission	\$3.00
10 Day Punch Pass	\$24.00
20 Day Punch Pass	\$47.00
30 Day Punch Pass	\$66.00

Swim Lessons

\$30.00 per Session



Specialty Nights

Wednesday Night is \$1.00 Night!
Call For More Information on Other Specialty Deals!

Concealed Weapons Permit Classes

Jan 23, 9 am to 12:30 pm
Feb 20, 9 am to 12:30 pm
March 13, 9 am to 12:30 pm
April 14, 6-9:30 pm
May 8, 9 am to 12:30 pm

Classes taught by
Utah Highway Patrol Trooper
Jason Marshall

Your first step toward
getting a concealed
weapons permit.

Contact College of
Eastern Utah Continuing
Education to register.
435-613-5664

Price City Library

Story Time

at the Price City Library
Mondays for Toddlers at 11 a.m.
Wednesday at 5 p.m.
Thursdays at 1 p.m. & at 5 p.m.

Teen Night is every third
Thursday at 5 p.m.

Reading to PAWS, every other
Monday at 3:30 p.m.

Start to Finish

Start with your
associate degree
from CEU.
Continue with one
of **16** bachelor's or
14 master's degrees
from USU Price.



www.ceu.edu • 435.613.5611 • price.usu.edu • 435.613.5610

WAREHOUSE DIRECT FURNITURE

4589 N. Hwy. 6, Helper • 472-1267

Carbon School District Adult Education Learning Center

251 West 400 North in Price, UT 84501 • 435-637-7540

Hours: 8:30 a.m. to 7 p.m. Monday through Thursday and Friday 8:30 a.m. to 3 p.m.

\$25 Registration Fee • Open Entry-Open Exit • Contact Deanna Sweet or Lana Keller

**IT'S NEVER TOO LATE TO FINISH SCHOOL!
YOU MAY BE CLOSER THAN YOU THINK!**

Adult High School Completion
Transcript/Credit Evaluation
Individual Instruction

GED Preparation
Inter-agency Coalition
Computer Lab Available

Computer Credit Recovery System
Adult Basic Education
English Speakers of Other Languages

CARBON COUNTY

- 16,000 Sq. Foot Exhibit Space
- Meeting Rooms
- State of the Art Audio, Visual, Networking & Internet
- Preferred Caterers List
- Dependable Staff

- Conferences, Banquets, Expositions, Trade Shows
- Meetings, Seminars
- Weddings, Receptions, Reunion, Family Get Togethers

"Big or Small, come and see us for all your needs!"

310 South Fairgrounds Road • 435.636.3214

Carbon County
Events Center

"Let's get together in Carbon County, Utah"



A BETTER YOU MED SPA

280 N. Hospital Dr., Price • 637-6348

Carbon High School Athletic Schedules Winter/Spring 2010

Boys Basketball

Date	Opponent	Location	Varsity Time
Dec 28-30	Hodson Tournament	Richfield, UT	TBA
Jan 9	@ Emery	Castle Dale, UT	7 pm
Jan 12	@ Wasatch*	Heber, UT	7 pm
Jan 19	@ Park City*	Park City, UT	7 pm
Jan 22	American Leadership*	Price, UT	7 pm
Jan 26	Union*	Price, UT	7 pm
Jan 29	Wasatch*	Price, UT	7 pm
Feb 5	Park City*	Price, UT	7 pm
Feb 10	@ American Leadership*	Spanish Fork, UT	7 pm
Feb 12	@ Union*	Roosevelt, UT	7 pm
Feb 20	1st round State	Home Sites	TBA
Feb 25 - 27	State Turnament	TBA	TBA

*Region Games

Girls Basketball

Date	Opponent	Location	Varsity Time
Jan 9	@ Duchesne	Duchesne, UT	6 pm
Jan 12	@ Wasatch*	Heber City, UT	7 pm
Jan 19	@ Park City*	Park City, UT	7 pm
Jan 22	American Leadership*	Price, UT	5:15 pm
Jan 26	@ Union*	Roosevelt, UT	7 pm
Jan 29	Wasatch*	Price, UT	5:15 pm
Feb 5	Park City*	Price, UT	5:15 pm
Feb 9	@ American Leadership*	Spanish Fork, UT	7 pm
Feb 12	@ Union*	Roosevelt, UT	5:15 pm
Feb 19	1st round State	Home Sites	TBA
Feb 25 – 27	State Tournament	TBA	TBA

*Region Games

Wrestling

Jan. 8-9	Best of the West Tour. in Tooele
Jan. 15-16	Rocky Mtn. Rumble, at USU, Orem
Jan. 20	At North Sevier
Jan. 22-23	Sand Devil Classic, Page, AZ
Jan. 27	Region Tournament at Union High
Feb. 5-6	Super-Region, TBA
Feb. 11-13	State Tournament at UVU

Swimming

Date	Opponent	Site	Time
Jan 9	Ogden Invitational		TBA
Jan 13	Emery	Carbon	3:30
Jan 15	Delta	Carbon	3:30
Jan 23	Region	TBA	TBA
Feb 4-5	State	TBA	TBA

Diving

Date	Opponent	Site	Time
Jan 8	So. Summit Invitational		3 pm
Jan 16	Bear River Invitational		9 am
Jan 23	3A/4A/5A Region	TBA	9 am
Feb 11	State Championship	BYU	TBA

Boys Tennis

Date	Opponent
March 9	@Maple Mountain
March 18-20	@ Hurricane/Duel in the Desert Tourney
March 25	@ Park City
April 8	Wasatch @ Carbon
April 16	Round Robin at Grand with Grand and San Juan
April 30	Regional Divisional Tournament
May 7-8	State: Location To be announced

KRAYNC MOTOR CO.

Price • 650-1729

Get active, for life

A message from
Carbon School District Superintendent Patsy Bueno

It is a pleasure once again to join Carbon Recreation in encouraging children and families to become involved in activities beyond school. We’ve heard much about health problems, including childhood obesity and accompanying problems such as juvenile diabetes, that could occur because of sedentary life styles. In addition to the physical activities that Carbon Rec offers, there are many activities that provide

hobbies and interests that children can and should develop early and enjoy for years to come.

Additionally, we encourage families to always take time to read for at least 20 minutes a night with your children. Books are a wonderful way to introduce discussions and interactions among family members. We would also encourage families to devote some time to mathematics. Memorizing math facts is a critical need for our students – this is an important way for families to support math instruction.

We welcome your input and invite you to visit our website at www.carbonschools.org.

CHS Baseball Schedule

Date	Opponent	Place	Time
March 12	Dixie	Flyer Field	1 pm
March 12	Tooele	Elks Field	7 pm
March 13	Bear River	Elks Field	1 pm
March 13	TBA	Elks/Flyers	4 pm or 7 pm
March 17	Emery	Carbon	3 pm
March 19	Grand	Moab	10:30 am
March 24	Highland	Carbon	3:30 pm
March 25	Mountain View	Mountain View	3:30 pm
March 30	ALA	Carbon	3:30 pm
March 31	Wasatch	Carbon	3:30 pm
April 9	Union	Union	3:30 pm
April 13	Park City	Park City	3:30 pm
April 16	ALA	ALA	3:30 pm
April 20	Wasatch	Wasatch	3:30 pm
April 27	Union	Carbon	3:30 pm
April 30	Park City	Carbon	3:30 pm
May 8	Inter-Region State Playoffs • Region Champion Will Host		
May 13-15	State Playoffs		

Head Coach: Troy Moynier
Assistants: Dave Bassinger, Bret Bennett, Chad Feichko

CHS Softball Schedule

Date	Opponent	Varsity	JV	Soph
March 11	Emery	3:30	5:30	3:30
March 13	@ Moab Tournament			
March 16	Richfield	3:30	5:30	3:30
March 18	Pineview	4:00	6:00	
March 19-20	Snow Canyon Tournament			
March 24	South Sevier	3:30	5:30	
March 26-27	Payson JV Tournament TBA-5Games			
March 29	ALA	3:30	5:30	
April 6	Wasatch	3:30	5:30	4:00
April 9	@ Union	3:30	5:30	
April 13	@ Park City	3:30	5:30	
April 16	@ ALA	3:30	5:30	
April 20	@ Wasatch	3:30	5:30	4:00
April 23	@ Cyprus	3:30	5:30	
April 27	Union	3:30	5:30	
April 30	Park City	3:30	5:30	
May 6	@ Emery	3:30	5:30	3:30
May 8	1st Round Play-off Games		TBA	
May 13-15	State Tournament at Spanish Fork			

Bold type denote Region games.

Head Coach: Tony Pinedo
Assistant Coaches: Kirt Nunley, Darren Hurdsmann

THE FAMILY CLINIC
280 N. Hospital Dr., Price • 637-6348

Carbon County Senior Citizens

Price Activities

Lunch: M-F at Noon
-60 must pay \$6.25
60 and above suggested donation of \$3.00
Ceramics M-F at 10:00am –4pm
Oil Painting Class Wednesday at 1:00pm
Line Dancing Mon, Tues & Thurs at 9am
Bowling at Jensen's Country Lanes: Fri at 1pm
Movie: Tues at 1pm (call for movie title)
Billiards: M-F 8am –4pm
Shopping Mon & Thurs at 1pm
Computer Lab: M-F 8am-4pm
Fitness Room: M-F 8am –4pm
Organ Lessons: Thursday 11am and 1pm
Free Hearing/hearing aid checks: 2nd Friday at 12:45pm
Game Day: Tuesday & Thursday 1pm
Quilters Guild: 2nd Thurs 6pm & 3rd Thurs 1:30pm
Blood Pressure Clinic: 2nd & 4th Monday at 10am
Exercise Class: Mon-Fri: at 10:00am
Pilates Tues & Thurs at 11:00am

People under 60 must have a senior sponsor for all activities.

East Carbon Activities

Lunch: M-F at 12:30pm
Bingo: Wed at 1:30pm
Shopping: Friday at 1:30pm
Billiards: M-F 8am– 3pm
Computer Lab: M-F 8am –3pm
Blood Pressure Clinic: 1st & 3rd Wednesday 11am
Exercise Class: Tuesday & Thursday at 11:30am

Trips

October 3-10, 2010

Colorado/ New Mexico

Silverton-Durango Train / Mesa Verde / Santa Fe/ Albuquerque (Balloon Fiesta Events)/ Monticello

One in a room....\$1,545.00

Two in a room\$1,195.00

Three in a room....\$1,145.00

Four in a room....\$1,095.00

July 2011

Alaska Cruise /Land Combination

Design your own adventure

Want to do something that isn't listed in this magazine? How about a river rescue course for your group, or a one-day river rescue refresher?

Maybe you have wanted to learn to row a raft, learn to kayak, or perhaps your interest is in learning the techniques necessary to make canyoneering or rock climbing safe.

We will do just about anything you can think of. Let us help you accomplish your goals.

Have an idea or a talent?

Is there something you have always wanted to learn to do?

Do you have a talent or skill you are willing to share with others?

The policy of Carbon Rec is to offer anything (well, almost anything) the community will support.

If you have an idea or you're willing to share your talent, give us a call. We'll do everything we can to help you accomplish your goal.



CJ'S DO-IT CENTER
710 East Main, Price • 636-8100

Ice Skating Party January 9

FREE SKATE USE • FREE CHILI & HOT CHOCOLATE Provided by KUSA Radio.

FREE to people who RSVP by Jan. 6. After Jan. 6 cost is \$10.

Noon to 4 p.m. at the Fairgrounds Pond • To RSVP call 636-3702

Everything is free, compliments of Carbon County Fairgrounds, Carbon County Commissioners, and Carbon Rec. All you need to do is RSVP to Carbon Rec by 5 p.m. on Jan. 6. Free only to people who RSVP, so we'll know to plan on you. If you do not RSVP by Jan. 6 cost will be \$10. The party is contingent on acceptable weather conditions. Sometimes it just isn't cold enough for the pond to freeze.



Price Area Running Club

Was established to provide a safe and fun running experience to members of our community. PARC caters to all ages and ability levels of runners. We will share our knowledge of different routes to run, events held locally and statewide, and will help you meet your goals for running at different speeds and different distances. Call Carbon Rec for more info.

Ice Skate Rentals

All skates are daily rentals

Rental Fees

One pair \$5

Two pair for \$7

Group rentals \$2.50 per pair

Group rentals are a minimum of 10 pair and must be paid in full with one payment.

Skates must be returned by noon the following day or another day's rental fee will be charged. Reservations accepted for group rentals only. Credit card or deposit required on all rentals.

PRICE INSURANCE AGENCY

Roy Nikas, CIC • 54 W. Main, Price • 637-3351

NORTH SPRINGS SHOOTING RANGE & RECREATION AREA

LONG RANGE: 1,000, 600 & 100 YARD RANGES WITH 50 COVERED SHOOTING BENCHES. (PORTABLE TARGET STANDS AVAILABLE)

PISTOL: 12 SHOOTING BAYS & STEEL "ACTION" TARGET AREA

LAW ENFORCEMENT: 70 TURNING TARGETS AT 25, 50 & 100 YARDS.

"RUNNING MAN" TARGETS - BOBBERS - DUELING TREES - FALLING PLATES AND "PEPPER POPPERS".

CASTLE GATE TOWN: COMPLETE "OLD WEST TOWN" DESIGNED FOR "COWBOY ACTION SHOOTING". 15 FALSE FRONT BUILDINGS WITH SHOOTING BAYS. 200+ STEEL TARGETS FOR COMPETITION AND PUBLIC SHOOTING. HOSPITALITY CABIN WITH FULL KITCHEN & 4 COVERED PAVILIONS (AVAILABLE FOR MEETINGS, PARTIES ETC).



ARCHERY: 70 "RHINEHART" 3-D TARGETS ON 2 SEPERATE RANGES, 10 BLOCK TARGETS AND EXCELSIOR BALE FIELD RANGE.
TRAP RANGE: SINGLE TRAP RANGE WITH AUTOMATIC THROWER.
CAMPING: 120 CAMPING SPACES, DRY CAMPING ONLY, R/V DUMP AVAILABLE.



SET YOUR "SIGHTS" ON US!



CONCEALED WEAPONS CLASSES: OFFERED ON A REGULAR BASIS. \$50.00 FEE INCLUDES; CLASS, RANGE FEES, FINGERPRINTS, PHOTOS & NOTARY SERVICE.
FEES: \$5.00 DAY PASS INCLUDES FIREARMS AND STATIS ARCHERY.
ADDITIONAL \$10.00 FOR 3-D ARCHERY, \$2.50 FOR TRAP. UNDER 16 FREE !
YEARLY, FAMILY AND GROUP RATES AVAILABLE.
HOURS: 9:00 AM TIL DUSK WEDNESDAY THRU SUNDAY, AND "MONDAY" HOLIDAYS. (EXCEPT THANKSGIVING AND CHRISTMAS)
DIRECTIONS: TAKE SR-10 SOUTH FROM PRICE (GOING TOWARD HUNTINGTON) FOR 7 MILES, TURN RIGHT ONTO SR-122, AT THE HIAWATHA JCT. GO 3 MILES, THEN TURN RIGHT AT THE WATTIS JCT, GO 5 MILES, AND YOUR THERE !
FOR MORE INFORMATION GO TO carboncountyutah.com UNDER THE "SHOOTING RANGE" LINK, OR CALL (435) 650-7728.

OUR SECRET IS OUT!
IT'S ALL HERE. WHY AREN'T YOU?

UTAH'S CASTLE COUNTRY

Thanks to these volunteers: Soccer Coaches

Johnny Espinoza
Mika Salas
Jamie Krause
Richard Laursen
Brady Bradford
Anthony Kobe
Chris Phillips
Lance Scovill
Shelley Heath

Football Coaches

Danny Mower
Bradley Shaw
Mike Lessar
Corey Reid
Bob Fossat
Buzz Rondinelli
Jack Byrge
Buzz Rondinelli, Jr.
Rick Davis
Ty Alderson
Rick O'Hearon
Brock Marchello
Wade Williams
Frank Saccomanno
Scott Jones
Thurston Barrett
Kerry VanDyke
Jeff Keele



BASSO GM

1355 So. Carbon Ave., Price • 637-0110

Community Contacts & Resources

Active Re-Entry Independent Living Center • 435-637-4950
Avalon House - Transitional Housing • 435-472-2028
Baby your Baby • 435-637-3671
Baby your Baby Castle Dale • 435-381-2252
Boy Scouts, Price Office • 435-637-0859
Bureau of Land Management, Price • 435-636-3460
Carbon County Animal Shelter • 435-637-6654
Carbon/Emery Rape Crisis Line • 1-866-894-8610
Carbon County Food Bank • 435-637-9232
Carbon County Chamber of Commerce • 435-637-2788
Carbon County Children's Justice Center • 435-637-0281
Carbon County Fairgrounds • 435-636-3214
Carbon County 4-H • 435-636-3233
Carbon County Recreation • 435-636-3702
Carbon School District • 435-637-1702
Carbon County Senior Citizen Center • 435-636-3202
Castle Country Travel Bureau • 435-636-3701
Child Care Resource and Referral • 435-613-5619
Coal Country Housing Management • 435-637-5170
College of Eastern Utah Health & Wellness Clinic • 435-613-5629
CEU Athletics • 435-613-5371
CEU Continuing Education • 613-5664
CEU Outdoors • 435-613-5663
Desert Lake Waterfowl Management Area • 435-653-2900
Desert Wave • 435-637-SWIM (7946)
Division of Wildlife Resources • 435-613-3700
Division Of Child & Family Services
Carbon County • 435-636-2360
Early Headstart Program • 435-613-9492
Emergency Assistance, Assoc. of Local
Govt, Carbon Co. • 435-637-9232
Division of Child and Family Services
Emery County • 435-381-4730
Domestic Violence Program • 435-381-4743
Family Support Center • 435-637-0268 or 435-637-0281
Forest Service, Price • 435-637-2817
Forest Service, Ferron • 435-384-2372
Four Corners Community Mental Health
Clinic • 435-637-2358
Habitat For Humanity • 435-637-9701
Health Dept Emery County • 435-381-2252
Health Department WIC • 435-381-2252
Housing Authority Carbon County • 435-637-5170
Hunter Safety Program • 435-613-3700
Huntington State Park (Huntington Lake) • 435-687-2491
Intermountain Specialized Abuse Treatment Center
ISAT Center • 435-637-4852

Juvenile Justice Services Castle Country Youth Center • 435-636-4740
Lighthouse Life & Learning Center-Carbon School District • 435-637-7540
Life Line Pregnancy Assistance and Support Center • 435-636-0700
Local Interagency Council • 435-613-3128
Northeastern Services • 435-637-6134
OHV Training — Utah State Parks • 800-648-7433
Perkie Travels- Active Re Entry • 435-637-4950
Price City Library/Library Literacy Project • 435-636-3188
Price City Parks (Reservations) • 435-636-3181
Retired Senior Volunteer Program • 435-637-9118
Scofield State Park • 435-448-9254
State Corrections Adult Probation and Parole • 435-636-2800
United Way of Southeastern Utah • 435-637-8911
Utah Safety Council • 801-478-7878
Vocational Rehabilitation • 435-636-2820
Victim Assistance Program Carbon County Sheriff's Office
435-636-3250
Womens Services Castlevue Hospital • 435-637-4800

Off Highway Vehicle Driver Training

800-648-7433 • Offered by Utah State Parks

Hunter Safety • 435-613-3700
Scheduled through Wildlife Resources

Utah Safety Council
801-478-7878 Safety and First Aid Training

Food Handlers Permit Classes
435-637-3671 • Fee: \$15
Through SE Utah Health Department
Scheduled monthly. Check with the Health
Department for dates

Western Mining & Railroad Museum

294 South Main Street Helper, Utah Phone: 435-472-3009



Summer Hours: April 15-Sept 14
Monday - Saturday 10am - 5pm
Winter Hours: Sept. 15-April 14
Tuesday - Saturday 11am - 4pm



Admission is
Free
But we do take donations

McDONALD'S RESTAURANT
409 E. Main, Price • 637-6825



Classes to run Jan. 4 to April 30

River Guide Prep • 3 Credits
Instructor: Steve Christensen
Tuesdays, 2:30-4 pm • Fee \$115
(Will have weekend outings)

Wire Wrapped Jewelry • 2 Credits
Instructor: Viki Bowman
Wednesday, 6-9 pm • Fee: \$90
(Will require additional supplies)

Turbo Jam/Kickboxing • 1 Credit
Instructor: Jerri Timothy
Tues & Thurs Noon-1 pm • Fee \$10

Flute Making (wooden) • 2 Credits
Instructor: Elias Perez
Monday 5-8 pm • Fee \$30
(Will require additional supplies)

Outdoor Photography • 2 Credits
Instructor: Layne Miller
Thursdays, 5-7 pm • Fee \$20

Silversmithing I • 2 Credits
Instructor: Patrick Braun
Tuesdays, 6-9 pm • Fee \$20
(Will require additional supplies)

Sign Language • 3 Credits
Instructor: Janet Lowe
Tues & Thurs, 5:30-7 pm

Break Dancing • 1 Credit
Instructor: Tyrone Bonner
Tues & Thurs, 2:30-3:30 pm • Fee \$20

Service Learning • 1-3 Credits
Instructor: Kathy Murray
TBA, TBA, No fee

Kung Fu • 2 Credits
Instructor: Jack Chen
Tues & Thurs, 5-6:30 pm • Fee \$20

Tai Chi Martial Arts • 2 Credits
Instructor: Jack Chen
Mon & Weds, 6-7:30 pm • Fee \$20

Digital Photography I • 2 Credits
Instructor: Scott Frederick
Mondays, 6-8 pm • Fee \$40

Learning never ends

Evening Classes

Number	Course	Credits	Time	Day	Instructor
ACCT 2020 002	Managerial Accounting	4	6-7:50	MW	R. Vogel
APPR 2302 001	Electrical Apprenticeship 1-B	5	6-9	TR	S. Richardson
APPR 2303 001	Electrical Apprenticeship 2-A	5	6-9	TR	S. Richardson
APPR 2304 001	Electrical Apprenticeship 2-B	5	6-9	TR	S. Richardson
APPR 2310 001	Electrical Apprenticeship 3-A	5	6-9	TR	E. Olsen
APPR 2320 001	Electrical Apprenticeship 3-B	5	6-9	TR	E. Olsen
APPR 2410 001	Electrical Apprenticeship 4-A	5	6-9	TR	E. Olsen
APPR 2420 001	Electrical Apprenticeship 4-B	5	6-9	TR	E. Olsen

Recreation & Evening Classes

Classes to run Jan. 4 to Feb. 26

Stone Cutting & Polishing • 1 Credit
Instructor: John Bird
Wednesday, 6-9 pm • Fee \$65
(This class will run Jan. 5 to Feb. 4)

Kayaking I
.5 Credit • Instructor: Bo Christensen
Thurs, 3-5 pm • Fee \$60

Handguns I • 1 Credit •
Instructor: Jason Marshall
Tuesdays, 4-7 pm • Fee \$40

Firearms Safety & Handling 1 Credit •
Instructor: J Marshall
Mondays, 4-7 pm • Fee \$45

Winter Backcountry Travel
1 Credit
Instructor: Bo Christensen
Wednesdays, 4–6 pm • Fee \$65
(Will include weekend outings)

Classes to run Feb. 27 to April 30

Kayaking II
1 Credit • Instructor: Bo Christensen
Thurs, 3-5 pm • Fee \$60
(Will include weekend outings)

Handguns II • 1 Credit
Instructor: Jason Marshall
Tuesday, 4-7 pm • Fee \$40

Mountain Biking • 1 Credit
Instructor: Jon Krum
Tuesday, 5:30-7:30 pm • Fee \$60
(Includes weekend outings)

Marksmanship I • 2 Credits
Instructor: Jason Marshall
Monday, 4-7 pm • Fee \$40

GPS / Geocaching • 1 Credit
Instructor: Ben Clement
Wednesday, 5:30-8:30 pm • Fees \$20

Bouldering • 1 Credit
Instructor: Bo Christensen
Monday, 3-5 pm • Fee \$30

Desert Backpacking • 1 Credit
Instructor: Bo Christensen
Tuesday, 5-7 pm • Fee \$60
(Will include weekend outings)

ART 1010 801	Intro to the Visual Arts – DL	3	4-6:40	R	N. Carmack
ART 1010 807	Intro to the Visual Arts – DL Emery	3	4-6:40	R	N. Carmack
ART 1200 002	Introduction to Ceramics	3	6-9	TR	B. Atwood
ART 1300 001	Introduction to Printmaking	3	4-6:45	MW	R. DeGroff
ART 2200 002	Intermediate Ceramics	3	6-9	TR	B. Atwood
BCIS 1010 002	Computer Literacy	3	5-6:15	TR	D. Cassidy
BCIS 2010 002	Business Computer Applications	3	5-7:30	W	BCIS Staff
BCIS 2550 001	Fundamentals of FORTRAN	3	7-8:15	TR	H. Zwick
BIOL 1500 001	Human Anatomy & Physiology	3	5-7:40	W	T. Chappell
BIOL 2520 001	Introductory Pathophysiology	3	6-8:40	R	L. Hardy
The following BIOL course will be taught January 5 through February 23					
BIOL 2988 030	Alternative Energy	1	5:30-7:20	T	J. Krum
BUSN 1500 001	Business Leadership Club – PBL	1	4-4:50	W	R. Vogel
BUSN 1500 002	Bus Leaqdership Club – DEX	1	4-4:50	W	D. Cassidy
BUSN 2050 801	Business Law – DL	4	7-8:40	TR	H. Olsen
BUSN 2050 807	Business Law – DL Emery	4	7-8:40	TR	H. Olsen
BUSN 2390 001	Organizational Behavior	3	4-5:15	MW	E. Youngberg
CJ 1300 851	Intro to Corrections – DL	3	4-6:40	T	S. Henrie
CJ 1300 857	Intro to Corrections – DL Emery	3	4-6:40	T	S. Henrie
CJ 1350 801	Intro to Forensic Science – DL	3	4-6:40	R	R. Walton
CJ 2340 801	Survey of Criminal Procedure – DL	3	7-9:40	T	CJ Staff
CJ 2340 807	Survey of Criminal Pro. – DL Emery	3	7-9:40	T	CJ Staff
CJ 2350 801	Laws of Evidence – DL	3	7-9:40	R	J. Humes
CJ 2360 801	Juvenile Law & Procedures – DL	3	7-9:40	W	S. Jeffs
CJ 2360 807	Juvenile Law & Pro. – DL Emery	3	7-9:40	W	S. Jeffs
CS 1030 001	Foundations of Computer Science	4	6-8	MW	M. Rutherford
CS 1400 001	Fundamentals of Programming	3	7-9	MW	J. Powell
CS 1405 001	Fundamentals of Programming Lab	1	7-8	MW	J. Powell
CS 1410 001	Object Oriented Programming	4	6-6:50	MTWR	T. Weidner
CS 2420 001	Intro to Algorithms & Data Structures	3	5:30-6:45	TR	H. Zwick
DANC 2988 001	Dance Ensemble	1-3	6-8	MW	M. Anast
ECON 2010 801	Principles of Microeconomics – DL	3	4-6:40	R	A. Hekmat
ECON 2010 807	Prin of Microeconomics – DL Emery	3	4-6:40	R	A. Hekmat
EDDT 1500 001	Intro to GIS	3	7-8:15	TR	C. Jensen
ENGL 2010 851	Intermediate Writing –DL	3	4-6:40	M	K. Templeton
ENGL 2010 857	Intermediate Writing –DL Emery	3	4-6:40	M	K. Templeton
ENGN 1000 001	Introduction to Engineering	2	4-5:40	M	K. Larsen
ENGN 1005 001	Introduction to Engineering Lab	1	4-5:40	W	K. Larsen
FAML 1020 801	Foundations of Nutrition – DL	3	7-9:40	R	E. Tseng
FAML 1020 807	Foun of Nutrition – DL Emery	3	7-9:40	R	E. Tseng
GEO 1010 851	Introduction to Geology – DL	3	7-9:40	M	M. Bunnell
GEO 1010 857	Intro to Geology – DL Emery	3	7-9:40	M	M. Bunnell
GEOG 1400 801	Human Geography – DL	3	4-6:40pm	M	P. Miller
GEOG 1400 807	Human Geography – DL Emery	3	4-6:40pm	M	P. Miller
HEAL 2020 001	Emergency First Response	3	5:30-9	M	B. Robinett
HIST 1510 801	World History Since 1500 – DL	3	7-9:40	M	N. Peacock
HIST 1510 807	World History Since 1500 – DL Em	3	7-9:40	M	N. Peacock
MACH 1010 001	Machine Tool Technology I	3	5-10	M	E. Callor
MACH 1020 001	Machine Tool Technology II	3	5-10	R	E. Callor
MACH 1040 001	Machine Tool Technology IV	3	5-10	WR	E. Callor
MACH 1050 001	Machine Tool Technology V	3	5-10	WR	E. Callor
MATH 1010 801	Intermediate Algebra – DL	4	5-6:40	TR	N. Livingston
MATH 1050 851	College Algebra – DL	4	5-6:40	MW	N. Livingston
MATH 2220 001	Discrete Mathematics	3	7-8:15	MW	H. Zwick
MINT 2450 001	Emergency Med Technician (EMT)	8	5-9	MW	M. Wilson
MUSC 2011 001	Wind Symphony – SL***	1	7-9:30	W	G. Benson
PE 1097 001	Fitness for Life	2	5-6:40	T	F. Ori
PE 1010 002	Aerobics I	1	4-4:50	TR	D. Root
PHYS 1040 002	Elementry Astronomy	3	8-9:15	TR	R. Erwin
PHYS 1040 801	Elementry Astronomy – DL	3	4-6:40	W	B. McClelland
PHYS 1040 807	Elementry Astronomy – DL Emery	3	4-6:40	W	B. McClelland
PSY 1010 851	Introduction to Psychology – DL	3	7-9:40	W	H.Earl
PSY 1010 857	Introduction to Psychology – DL Emery	3	7-9:40	W	H.Earl
PSY 2500 001	Social Psychology	3	4-5:15	MW	H. Earl